



Advice letters and replies: Our collection

Here you can find more ideas, vocabulary and phrases for your letter to an agony aunt or for your advice letter.

Talking about problems

brand-name clothes ['brændˌneɪm kləʊðz]	Markenkleidung
to be able to afford sth [ə'fɔ:d]	sich etw. leisten können
to tease sb [ti:z]	jmdn. hänseln
to make fun of sb	sich über jmdn. lustig machen
insecure [ˌɪnsɪ'kjʊə]	unsicher
to be addicted to the internet [ə'dɪktɪd]	internetsüchtig sein
to fancy sb ['fæntsi]	auf jemanden stehen
to be in love with sb [ˌbiːɪn 'lʌv]	in jmdn. verliebt sein



Useful phrases

I've got a problem: I don't know what to do / who to talk to / ...
 I feel lonely because I haven't got any friends / because nobody understands me / because ...
 There's a boy / girl who bullies me at school / online / at ...
 Some girls / boys / students at school tease me about my ... / make fun of me because I ...
 I spend a lot of time online and I think I might be addicted ...
 I don't get enough pocket money / I've never got enough money /
 I haven't got as much money as my friends / ...
 I can't afford brand-name clothes / a cool new smartphone / ...
 I really fancy a boy / girl but I'm too shy / too insecure to ...
 I had a fight with my best friend / my parents / my brother / ...
 My parents don't understand me / my feelings / my problems / ...



Giving advice

to be honest with sb ['ɒnɪst]	ehrlich zu jmdm. sein
to talk things over with sb	sich mit jmdm. aussprechen
to leave sb alone	jmdn. in Ruhe lassen
guidance counselor ['ɡaɪdnɪs ˌkaʊnslə]	Vertrauenslehrer/-in
family counselor ['fæməli ˌkaʊnslə]	Familienberater/-in
mediator ['mi:diətə]	Streitschlichter/-in



Useful phrases

I'm sorry to hear that / I can understand that ...
 It / The situation must be very hard / difficult / ... for you.
 You should talk to ... / It's always a good idea to talk things over with ...
 One way to deal with this problem might be to ...
 My advice is to tell the others to leave ... alone / to think about their actions.
 Block the bully on your online profiles so he / she can't write you messages any more.
 If they only like you with brand-name clothes / a cool new smartphone / ..., they aren't real friends.
 Perhaps you should think about ... / You should be honest with yourself about ...
 If you feel lonely / don't have many friends, it might be a good idea to join a school club / sports club / ...