

Keeping fit

1 At the doctor's office

a) Look at the cartoon. Tell a partner why this man is at the doctor's office.



b) You are the doctor. Tell the man what he should do.

USEFUL PHRASES

- I think you should
- ... lose weight / eat less / eat healthy food
- ... keep fit / exercise more / do some sport
- ... leave your car at home / walk to ... / ride your bike more often

NEW WORDS

weight	Gewicht
to ruin	ruinieren
to hit	treffen
tablet	Tablette
up to	bis zu
pound	Pfund
nutritious	nahrhaft
available	erhältlich
vague	unklar, vage



2 The new thin tablet

There is a lot of advertising for people who want to lose weight. Here's an example.

The new thin tablet
Do you want to lose weight?

Try our new thin tablet. You can lose up to 15 pounds a week and still eat what you want. These tablets are nutritious and they can help you lose those extra pounds. Experts say that most people will lose weight very quickly. People say, "It's the best thing I've ever done. Now I'm thin again!" So, stop waiting and call our **free number: 1-800-812-646-8390**.

This fantastic product will be available for a short time only. So, call soon!



"It's the best thing I've ever done. Now I'm thin again!"

a) Read the text, then put a ✓ in the right place.

	right	wrong
1. With this tablet you will lose 15 pounds a week.	<input type="checkbox"/>	<input type="checkbox"/>
2. These tablets have lots of vitamin C.	<input type="checkbox"/>	<input type="checkbox"/>
3. You know who lost weight with this product.	<input type="checkbox"/>	<input type="checkbox"/>
4. Doctors tested this product.	<input type="checkbox"/>	<input type="checkbox"/>
5. This product will only be on the market for six weeks.	<input type="checkbox"/>	<input type="checkbox"/>
6. You know why this tablet works so well.	<input type="checkbox"/>	<input type="checkbox"/>

b) Does the new tablet make people thin? Does the text really promise that? Underline all the words in the text that are vague and unclear.

1
 a) The man is at the doctor's office because he's too fat. He is so fat that he can't see the ball.
 b) Individuelle Antworten. Verschiedene Antwortmöglichkeiten sind in der Box enthalten.
 2
 a) 1 wrong 2 wrong 3 wrong 4 wrong 5 wrong 6 wrong
 Hinweis: Alle Sätze sind falsch. Sie entsprechen nur scheinbar einen hohen Gewichtsverlust.
 Alle Aussagen im Text sind aber vage und unverbindlich (siehe Aufgabe 2 b).
 b) The new thin tablet
 Do you want to lose weight?
 Try our new thin tablet. You can lose up to 15 pounds a week and still eat what you want. These tablets are nutritious and they can help you lose those extra pounds. Experts say that most people will lose weight very quickly. People say, "It's the best thing I've ever done. Now I'm thin again!" So, stop waiting and call our free number: 1-800-812-646-8390.
 This fantastic product will be available for a short time only. So, call soon!
 Hintergrundinformation: Ein Pfund in England und den USA entspricht 454,5 Gramm, nicht 500 Gramm.